



## CHICKEN ALFREDO MEAL KIT

Grilled chicken breast strips served over al dente penne pasta tossed in a traditional Alfredo sauce and topped with Parmesan cheese

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:**  
Remove the lid and cover the tray.  
Place tray in microwave and heat on high  
for 2.5 to 3 minutes or until hot.

### INGREDIENTS:

**Alfredo Sauce** (Skim Milk, Romano and Parmesan Cheeses [Part-Skim Milk, Cultures, Enzymes, Salt], Soybean Oil, Water, Butter [Cream, Salt], Corn Starch. Contains 2% Or Less Of: Salt, Egg Yolk, Whey Protein Concentrate, Garlic Powder, Yeast Extract, Spices), **Chicken** (Chicken Breast, Water, Vinegar, Salt, Natural Flavors), **Water, Pasta** (Semolina [Wheat], Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), **Parmesan Cheese** (Pasteurized Milk, Cheese Cultures, Salt And Enzymes), **Powdered Cellulose** (To Prevent Caking).

Contains Egg, Milk, Wheat.

### Nutrition Facts

varies servings per container	
Serving size	4oz(114g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 430mg	19%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
<b>Protein 15g</b>	
Vitamin D 0mcg	0%
Calcium 117mg	10%
Iron 1mg	6%
Potassium 225mg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### FRESH - NEW YORK

Case UPC #: <b>7-06129-03435-2</b>	Cube: <b>0.56</b>
Unit UPC #: <b>N/A</b>	Ti/Hi: <b>14x10</b>
Pack Size: <b>1/7.875 lbs. Kit</b>	Net WT: <b>7.875 lbs.</b>
Case L/W/H: <b>13.07" x 10.45" x 7.02"</b>	GR Weight: <b>8.575 lbs.</b>
Unit L/W/H: <b>N/A</b>	Shelf Life: <b>16 days</b>

#### CASE UPC

#### UNIT UPC



#### FROZEN - NEW YORK

Case UPC #: <b>7-06129-03446-8</b>	Cube: <b>0.56</b>
Unit UPC #: <b>N/A</b>	Ti/Hi: <b>14x10</b>
Pack Size: <b>1/7.875 lbs. Kit</b>	Net WT: <b>7.875 lbs.</b>
Case L/W/H: <b>13.07" x 10.45" x 7.02"</b>	GR Weight: <b>8.575 lbs.</b>
Unit L/W/H: <b>N/A</b>	Shelf Life: <b>Min. 90 days (14 from slack)</b>

#### CASE UPC

#### UNIT UPC



#### INCLUDED IN THE KIT:

Penne with Alfredo Sauce	1 Tray	5.00 lbs.
Grilled Chicken Strips	1 Tray	2.50 lbs.
Parmesan Cheese	1 Bag	0.375 lb.

**Case Weight Total: 7.875 lbs.**

#### MAKES 5 FINISHED TRAYS:

Penne with Alfredo Sauce Per Tray:	1.00 lb.
Grilled Chicken Strips Per Tray:	0.50 lb.
Parmesan Cheese Per Tray:	0.07 lb.

**Approximate Tray Total: 1.57 lbs.**