



RETAIL PACKAGE

## GRILLED CHICKEN WITH PENNE ALFREDO MEAL (AZ)

Boneless, skinless chicken breast grilled over a real open flame and sliced into strips over a bed of creamy Penne Alfredo

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

### HEATING INSTRUCTIONS

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

### INGREDIENTS:

**Alfredo Sauce** (Skim Milk, Romano and Parmesan Cheese [Part-Skim Milk, Cultures, Salt, Enzymes], Soybean Oil, Water, Butter [Cream, Salt], Corn Starch, Contains 2% Or Less Of: Salt, Egg Yolk, Whey Protein Concentrate, Garlic Powder, Yeast Extract, Spices), **Penne** (Semolina [Wheat], Niacin, Iron, [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Water, Chicken** (Boneless Chicken Breast, Water, Contains 2% Or Less Of the Following: Vinegar, Salt, Natural Flavors), **Parmesan Cheese** ([Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [To Prevent Caking]).

Contains Egg, Milk, Wheat.

### Nutrition Facts

2.8 servings per container

Serving size

5oz(140g)

	Per Serving		Whole Package	
	200		570	
	% Daily Value*		% Daily Value*	
<b>Calories</b>				
<b>Total Fat</b>	9g	12%	27g	35%
Saturated Fat	3.5g	18%	9g	45%
Trans Fat	0g		0.5g	
<b>Cholesterol</b>	40mg	13%	115mg	38%
<b>Sodium</b>	600mg	26%	1690mg	73%
<b>Total Carbohydrate</b>	15g	5%	41g	15%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	3g		8g	
Includes Added Sugars	0g	0%	0g	0%
<b>Protein</b>	15g		43g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	129mg	10%	366mg	30%
Iron	1mg	6%	2mg	10%
Potassium	233mg	4%	681mg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



FROZEN - ARIZONA

UPC CASE #: 7-06129-02723-1

Cube: 0.56

UPC UNIT #: 7-06129-02729-3

TI/HI: 14x10

PACK SIZE: 6/14.03 oz.

NET WT: 5.26 LB

BOX L/W/H: 13.07 x 10.45" x 7.02"

GR WEIGHT: 5.96 LB

SHELF LIFE: Min. 140 day (14 from slack)

CASE UPC

UNIT UPC



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