





GRILLED CHICKEN WITH PENNE ALFREDO MEAL (NY)

Boneless, skinless chicken breast grilled over a real open flame and sliced into strips over a bed of creamy Penne Alfredo

- Use on salads, on sandwiches, or in wraps
 - Great as a quick high-protein snack

- · Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

HEATING INSTRUCTIONS

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS:

Alfredo Sauce (Skim Milk, Romano and Parmesan Cheese [Part-Skim Milk, Cultures, Salt, Enzymes], Soybean Oil, Water, Butter [Cream, Salt], Corn Starch, Contains 2% Or Less Of: Salt, Egg Yolk, Whey Protein Concentrate, Garlic Powder, Yeast Extract, Spices), Penne (Semolina [Wheat], Niacin, Iron, [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Chicken (Boneless Chicken Breast, Water, Contains 2% Or Less Of the Following: Vinegar, Salt, Natural Flavors), Parmesan Cheese ([Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [To Prevent Caking]).

Contains Egg, Milk, Wheat.

Nutrition Facts

About 2.5 servings per container **Serving size**

5oz(140g)

		Per Serving	Who	ole Package
Calories	180		500	
	% Daily Value*		% Daily Value*	
Total Fat	5g	6%	13g	17%
Saturated Fat	1g	5%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	70mg	23%
Sodium	720mg	31%	1960mg	85%
Total Carbohydrate	22g	8%	60g	22%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	5g		13g	
Includes Added Sugars	2g	4%	5g	10%
Protein	13g		36g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	49mg	4%
Iron	1mg	6%	3mg	15%
Potassium	183mg	4%	501mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily die 2,000 calories a day is used for general nutrition advice.

FROZEN - NEW YORK

UPC CASE #: 7-06129-02723-1
UPC UNIT #: 7-06129-02729-3
PACK SIZE: 6/14.03 oz.
BOX L/W/H: 13.07 x 10.45" x 7.02"

Cube: **0.56**TI/HI: **14x10**NET WT: **5.26 LB**GR WEIGHT: **5.96 LB**

SHELF LIFE: Min. 140 day (14 from slack)

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