



RETAIL PACKAGE

## TERIYAKI CHICKEN WITH SESAME NOODLES MEAL (NY)

Grilled chicken with Teriyaki sauce, pineapples, and peppers over a bed of sesame noodles

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

### HEATING INSTRUCTIONS

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

### INGREDIENTS:

**Linguine** (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Grilled Chicken Strips** (Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors), **Teriyaki Sauce** (Water, Sugar, Soy Sauce [Water, Wheat, Soybeans, Salt], Corn Starch, Contains 2% Or Less Of: Caramel Color, Ginger Puree, Salt, Citric Acid, Garlic, Olive Oil, Soybean Oil, Xanthan Gum), **Red Peppers** (Peppers, Water, Salt And Citric Acid), **Soy Sauce** (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: [Less Than 1/10 of 1% As A Preservative]), **Hoisin Sauce** (Sugar, Water, Soybeans, Salt, Sweet Potato, Modified Corn Starch, Sesame Seeds, Garlic, Wheat Flour, Chili Peppers, Spices, Caramel Color, Acetic Acid, FD&C Red No. 40), **Contains Soybeans, Wheat, Sesame Oil, Pineapple** (Pineapple, Pineapple Juice), **Soybean Oil, Sesame Seeds.**

Contains Soy, Wheat, Sesame.

## Nutrition Facts

About 2.5 servings per container  
Serving size

5oz(140g)

|                           | Per Serving    |     | Whole Package  |     |
|---------------------------|----------------|-----|----------------|-----|
|                           | 180            |     | 500            |     |
|                           | % Daily Value* |     | % Daily Value* |     |
| <b>Calories</b>           |                |     |                |     |
| <b>Total Fat</b>          | 5g             | 6%  | 13g            | 17% |
| Saturated Fat             | 1g             | 5%  | 2.5g           | 13% |
| Trans Fat                 | 0g             |     | 0g             |     |
| <b>Cholesterol</b>        | 25mg           | 8%  | 70mg           | 23% |
| <b>Sodium</b>             | 720mg          | 31% | 1960mg         | 85% |
| <b>Total Carbohydrate</b> | 22g            | 8%  | 60g            | 22% |
| Dietary Fiber             | 0g             | 0%  | 1g             | 4%  |
| Total Sugars              | 5g             |     | 13g            |     |
| Includes Added Sugars     | 2g             | 4%  | 5g             | 10% |
| <b>Protein</b>            | 13g            |     | 36g            |     |
| Vitamin D                 | 0mcg           | 0%  | 0mcg           | 0%  |
| Calcium                   | 18mg           | 2%  | 49mg           | 4%  |
| Iron                      | 1mg            | 6%  | 3mg            | 15% |
| Potassium                 | 183mg          | 4%  | 501mg          | 10% |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



FROZEN - NEW YORK

UPC CASE #: 7-06129-02724-8

Cube: 0.56

UPC UNIT #: 7-06129-02730-9

TI/HI: 14x10

PACK SIZE: 6/13.50 OZ

NET WT: 5.06 LB

BOX L/W/H: 13.07 x 10.45" x 7.02"

GR WEIGHT: 5.76 LB

SHELF LIFE: Min. 140 day (14 from slack)

CASE UPC

UNIT UPC



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